

Gnome Growth Chart

Machine Embroidery Instructions

Finished size: approximately 11½ inches wide × 40 inches tall

❖ Supplies Needed

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| <ul style="list-style-type: none">• Fabric• 5×7 and 6×10 hoop (or larger)• Pencil or water-soluble marker• Medium cutaway stabilizer• Spray adhesive or pins• Thread | <ul style="list-style-type: none">• Scissors• Sewing machine• Spray starch (optional)• Dowel rod (optional — for hanging)• Batting (optional — if quilting panels) |
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1 Stitching the Number Blocks

Hoop size: 5×7 inch or larger

Cut **6 pieces of fabric** measuring **5½ × 8 inches** each.

Hoop each piece with **2 layers of lightweight stabilizer** (or 1 layer of medium cutaway stabilizer) and stitch out each number design.

Cut out each block along the outside cutting lines. **Set aside.**

2 Stitching the Gnome Blocks

Hoop size: 5×7 inch or larger

Cut **6 pieces of fabric** measuring **8 × 8 inches** square.

Finding the center: Fold each piece lengthwise and finger-press near the center; unfold, then refold widthwise and finger-press again. Mark the intersection with a pencil dot (it will be stitched over and won't show).

Hoop each piece with **2 layers of medium-weight stabilizer** and stitch out the designs.

Trim each block to **7½ inches wide × 6 inches high**, centring the design as you trim. **Set aside.**

3 Stitching the Top Banner

Hoop size: 6×10 inch or larger — required

Cut **1 piece of fabric** measuring **8½ × 12 inches**.

Hoop with **1 layer of medium-weight cutaway stabilizer** (or 2 layers of lightweight cutaway stabilizer) and stitch the design following the colour-change sequence.

When complete, trim the panel to **7 inches high × 11½ inches wide**. **Set aside**.

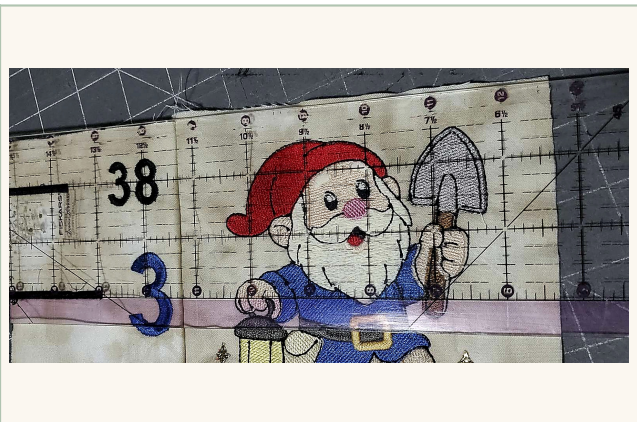
4 Assembling the Growth Chart

Step 1 — Pair number & gnome blocks

Place one number block on the **left** and one gnome block on the **right**. Seam together with a **¼-inch seam**. Ensure the tops are perfectly aligned; trim if needed.



Number block (left) + gnome block (right)



Sewn pair — check alignment before trimming

Step 2 — Arrange all pairs

Arrange the 6 pairs as shown on the project photo: **numbers up the left side, gnomes on the right**.

Step 3 — Join pairs with zig-zag

Lay two pairs right-side up, with the top edge of one pair touching the bottom edge of the next. Align seams carefully, then use a **large zig-zag stitch** to join them. Continue adding pairs one at a time until all six are connected. Trim any loose threads.



Pairs joined with zig-zag — seams aligned

Step 4 — Cover with satin stitch

Select a **large satin stitch** and sew over every zig-zag seam to finish them neatly.

Note: The sample photos were taken before pressing — any waviness in the stitching disappears once ironed.



Satin stitch covering the zig-zag seam

Step 5 — Attach the top banner

Lay the banner and the assembled panels **right-side up**, with the bottom edge of the banner touching the top of the number column. Stitch a large zig-zag to attach, then go back over with a **satin stitch** to cover.



Banner before satin stitch



Banner with finished satin stitch seam

5 Finishing Options

Quilt & bind — Add batting and backing, quilt as desired, then bind using your preferred method.

Simple backing — Cut backing the same size as the front. Place right sides together, stitch all around leaving a ~6-inch opening. Turn right side out, press, and topstitch the opening closed.

Hanging — Add hanging loops at the top, or insert a hanging sleeve and thread through a dowel rod for display.

Happy stitching! ■